

**Design  
& Health**  
International Academy for Design and Health



**POLITECNICO  
MILANO 1863**

DIPARTIMENTO DI ARCHITETTURA,  
INGEGNERIA DELLE COSTRUZIONI  
E AMBIENTE COSTRUITO



Milano, Italy 11-14 April 2024

**Design & Health**

13TH WORLD CONGRESS & EXHIBITION



**REVITALIZING HEALTH  
BY SALUTOGENIC DESIGN**

Healthy environment | Healthy people

*Preliminary program & call for registration*



# PEOPLE

## Chair of Scientific Committee

*Alan Dilani / President IADH*

International Academy for Design & Health

## Scientific Secretariat

*Stefano Capolongo / Vicepresident IADH*

Politecnico di Milano, Department of Architecture, Built environment and Construction engineering, Design & Health Lab

## Scientific Committee

*Abbasi Sahand*

Ph.D. South Dakota State University, USA

*Capolongo Stefano*

Ph.D. Politecnico di Milano, Italy

*Dilani Alan*

Ph.D. Academy for Design & Health, Sweden

*Farrow Tye*

M.Sc. Farrow Partner Architects, Canada

*Ghamari Hessam*

Ph.D California State University, USA

*Lee Angela M.*

AiA, Regional Managing Director, Asia Pacific HKS

*Luk Calvin W.*

Ph.D. The Hong Kong Polytechnic University

*Nazarian Massey*

Ph.D. Nottingham Trent University, UK

*Okpanum Innocent*

Ph.D. N. Okpanum Associates, South Africa

*Rebecchi Andrea*

Ph.D. Politecnico di Milano, Italy

*Surkamp Sandra*

Arch. Destravis Group, Australia

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European Chapter Director, IADH, Italy

*Andrea Rebecchi*

Design&Health Lab. DABC Politecnico di Milano, Italy

*Andrea Brambilla*

Design&Health Lab. DABC Politecnico di Milano, Italy

*Marco Gola*

Design&Health Lab. DABC Politecnico di Milano, Italy

*Silvia Mangili*

Design&Health Lab. DABC Politecnico di Milano, Italy

*Hessam Ghamari*

California State University, USA

*Alan Dilani*

Founder, IADH, Sweden

*Sandra Surkamp*

Destravis Group, Australia

## International Advisory Board

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(CUCMS), Malaysia

*Rosalia Saimon*

Senior Lecturer Department of Community Medicine and

Public Health, Malaysia

*Mungo Smith*

MAAP Architects, Australia

*Paul Barach*

MD. MPH, Thomas Jefferson Medical University, USA



# PROGRAM OVERVIEW

## Thursday 11<sup>th</sup> April 2024

The first day of the World Congress of the International Academy Design & Health is aimed to welcome together and networking all the prominent experts, lecturers, professors and designers, representative of a leading global, interdisciplinary knowledge community dedicated to the stimulation and application of research concerning the interaction between design, health, science and culture.

**15:00-18:00 IADH PhD students mentor, mentees & networking**

**18:00-19:00 WCDH registration**

**19:00-21:00 official welcome reception: opening remarks & cocktail**

## Friday 12<sup>th</sup> April 2024

The second day of the World Congress of the International Academy Design & Health is focused on healthcare design practice: hospitals, territorial healthcare facilities and elderly design / healthy aging facilities, as Architectures and places for care, preventive management and emergency management, as well as crucial urban public function, and place for public health promotion.

**8:30-9:30 Scientific introduction of the congress**

**9:30-11:00 1st plenary session: SALUTOGENIC HEALTHCARE DESIGN**

**11:00-11:30 coffee break**

**11:30-13:00 2nd plenary session: ELDERLY CARE DESIGN / HEALTHY AGING**

**13:00-14:30 lunch break, sponsors showcase and networking**

**14:30-16:00 3rd plenary session: TERRITORIAL HEALTHCARE FACILITIES**

**16:00-16:30 coffee break**

**16:30-18:00 1st panel discussion**

**20:00-23:00 IADH Global Leadership Committee meeting & Speakers Networking Dinner  
(by invitation only)**

## Saturday 13<sup>th</sup> April 2024

The third day of the World Congress of the International Academy Design & Health is focused on topics like Urban Public Health, Urban Mental Health, and Healthy Buildings, describing theories and practices related to health promotion and prevention, connected to the built environment, both at outdoor and indoor level. Urban planning and Architecture should be considered as strategic asset for Public Health and well-being.

**9:00-9:30 second day opening**

**9:30-11:00 4th plenary session: URBAN PUBLIC HEALTH**

**11:00-11:30 coffee break**

**11:30-13:00 5th plenary session: URBAN MENTAL HEALTH**

**13:00-14:30 lunch break, sponsors showcase and networking**

**14:30-16:00 6th plenary session: HEALTHY BUILDINGS**

**16:00-16:30 coffee break**

**16:30-18:00 2nd panel discussion**

**20:00-23:00 Academy Award Gala Dinner  
(open event, registration required)**

## Sunday 14<sup>th</sup> April 2024

The fourth and last day of the World Congress of the International Academy Design & Health is dedicated to three different study visits, covering the three main Congress' topics: Urban Health walking tour; Hospital Design case study visit; and Healthy Building case study visit. Each guided visit experience will be organized two time per day: each participant can choose among early morning 9:30-11:00 or late morning 11:30-13:00.

**9:30-11:00 or 11:30-13:00 Urban Health walking tour, into the city of Milan**

**9:30-11:00 or 11:30-13:00 Hospital Design case study visit, close to the city of Milan**

**9:30-11:00 or 11:30-13:00 Healthy Building case study visit, into the city of Milan**



# WELCOME TO MILAN!





# Design & Health

## Introducing the 13th World Congress 11-14 April 2024

### Revitalizing Health by Salutogenic Design - Healthy Environment / Healthy People

The scientific programme for the 13th Design & Health World Congress & Exhibition in Milano will explore the global application of salutogenic architecture.

Dear Esteemed Colleagues and Friends,

We are delighted to invite you to participate in the **13th World Congress on Design & Health (WCDH 2024)** in partnership with the Politecnico di Milano and with the collaboration with world's renowned academic institutions and healthcare industries.

Today, many people spend more than 90 percent of their lives in buildings. Studies indicate that the aesthetic qualities of architecture have an impact on our mood, cognitive functioning, behavior and even health. The salutogenic design seeks to address these needs with a transdisciplinary approach, where architecture, psychology and medicine are intertwined.

**Architecture** therefore needs a new rationalized design philosophy (anchored around interconnectivity, communities, and comprehensibility) to provide the vision and structure to the ecologically sensitive world we have now entered. **New cities** need to be planned around the manageability and meaningfulness of spatial experience for society to reach its real potential in this new era. While these ongoing changes have meant constant existential pressure and adjustment within the profession of architecture, it is now the overarching technological augmentation of all human and non-human life that poses the greatest challenge to the status and viability of architecture.

Now more than ever, the designed physical environment in healthcare is proving its increasingly vital role in population health and wellness. New research shows just how important investing in the designed space to promoting psychological well-being and economic responsibility. The **WCDH2024** presents scientific research finding of neuroimaging tools such as electroencephalography, functional magnetic resonance imaging and near infrared spectroscopy the impact of beauty experience on brain areas.

The tests of our society are the nearly half of all elders over 75 years face some cognitive challenges, yet few public-space design guidelines accommodate this group of users. Few social-connecting technologies for this population have been developed, and few if any agreed-upon measures of dementia health have been developed. How do we shift a disease-centric, reactive health care system to one that first focuses on what humans and communities need to be healthy? This requires a different process of care that is grounded in salutogenic science.

**Salutogenesis** needs to adapt to the context of living beings that live within a dynamic environment. It requires that we bend the science into unique patterns based on bio-psycho-social needs.

The **IADH network members** have been inspired by what they have seen and what they have learned and have incorporated a salutogenic approach in their work and their lives. According to

WHO, it is inevitable that the individual's lifestyle has an immense impact on health. Accordingly, health promotion is "the process of enabling people to increase control over and to improve their health" and the environment as a strategic, cost effective and enduring tool for improving public health.

The **Scientific program** will open with a welcome speech and Keynote speakers will present the most innovative research and practical findings in the field of design and health and the role of health infrastructure to promote health and wellbeing.

The WCDH 2024 provides an **opportunity to engage with the world's foremost interdisciplinary network of architects, designers, health planners, engineers, public health scientists, physicians, health administrators, psychologists, economists, and other key decision-makers.**

The pre-congress program will focus on leadership, governance and government healthy policy planning with global trends, and the post-congress study tour includes visits to Milan's leading healthcare facilities and other innovative built environments.

The **high quality of the research presentations** in combination with a fascinating range of stimulating case studies, a trade show displaying the latest innovations and solutions in the field, and a varied social and cultural program, will ensure participants enjoy a remarkable experience in Milano. A panel discussion concludes the Congress, with the participation of most distinguished scientists and practitioner for health promotion and the **future of European Healthcare Design.**

We look forward to seeing you in Milan, to greeting old friends and making new ones. Join us at the opening ceremonies to celebrate the 13th World Congress and Exhibition on Design and Health from 11 -14 April 2024 at the beautiful historical city of Milan.



Prof Alan Dilani PhD Founder, International Academy for Design & Health, Sweden



Prof Stefano Capolongo PhD Director of the Department ABC Design & Health Lab, Politecnico di Milano, Italy





# CONFERENCE PROGRAM



# THURSDAY 11<sup>th</sup>

03.00 pm  
06.00 pm

## IADH PhD students mentor, mentees & networking

*@ Politecnico di Milano, Aula De Donato, Building 3, ground floor*

Academy has started a program called Academy M<sup>2</sup> to connect experienced and young professionals and to build a lasting mentor-mentee relationship. This program will provide an effective platform for mentors to assist young and talented scholars (Mentees) to learn from experienced professionals (Mentors).

Mentors will have the opportunity to share their experience and knowledge with the up-and-coming generation of young leaders, help them with professional and career development, with building new relationships, and exploring new opportunities within the diverse field of science.

Mentees will have the opportunity to connect with an experienced professional, who will provide continued guidance on how to achieve career and professional goals, deal with unprecedented issues, diversify skills, and expand professional networks.

06.00 pm  
07.00 pm

## WCDH registration

07.00 pm  
09.00 pm

## OFFICIAL WELCOME RECEPTION

### Opening remarks & cocktail





# FRIDAY 12<sup>th</sup>

08.30 am  
09.30 am

## SCIENTIFIC INTRODUCTION OF THE CONGRESS

@ Politecnico di Milano, Aula De Donato, Building 3, ground floor

### **The Science of the Salutogenesis, Theory and Application**

Alan Dilani (Sweden)

### **The Hospital of the Future**

Stefano Capolongo (Italy)

## 1<sup>st</sup> PLENARY SESSION

09.30 am  
11.00 am

## HEALTHCARE DESIGN

Chair

**Okpanum Innocent** Ph.D. I. Okpanum Associates, South Africa and WCDH2024 Scientific Committee

### **Sustainability in the Next Generation Hospital®. Needs and requirements collection in industrial companies and hospital strategic management for healthcare infrastructures supply chain.**

Andrea Brambilla, Silvia Mangili, Michele Dolcini, Stefano Capolongo (Italy)

### **Why a “Blue Hospital” Design? How can you achieve a “Blue Hospital” Design?**

Eduard Boonstra (The Netherlands)

### **Embreatment, embodiment, environmental enrichment, and improved oncology outcomes.**

Tye Farrow (Canada)

### **Impacts of nursing unit design features on patient experience and perception of pain: a cross-sectional post-occupancy evaluation of two orthopedic units in the rush university medical center.**

Francis Fullam, Marcelo Bernal, Hui Cai, Lorissa Macallister (USA)

### **Design a microbial safe hospital for patients and health care workers; lessons from hospital acquired infections, outbreaks and the COVID-19 pandemic.**

Margreet C. Vos (The Netherlands)

## 2<sup>nd</sup> PLENARY SESSION

11.30 am  
01.00 pm

## ELDERLY DESIGN / HEALTHY AGEING

Chair

**Nazarian Massey** Ph.D. Nottingham Trent University, UK and WCDH2024 Scientific Committee

Keynote speaker

**John Zeisel (USA)**

### **HEALTHY AGING INCLUDES AGING WELL WITH DEMENTIA**

### **Salutogenic design and its role in enhancing the sense of belonging among the elderly in long-term residential communities in an eastern context: case of Hong Kong**

Mohana Das (Hong Kong)

### **Supporting healthy aging in community: the health impact related to physical environment from a holistic perspective**

Tianzhi Sun, Stefano Capolongo (Italy)

### **Assessing the quality of built environment for people with dementia. Evidence from literature and stakeholders' involvement**

Silvia Mangili, Stefano Capolongo (Italy)

### **Healing before. How can the built environment promote mental well-being in young adults?**

Keli Kadriu (Italy)



# FRIDAY 12<sup>th</sup>

## 3<sup>rd</sup> PLENARY SESSION

02.30 pm  
04.00 pm

### TERRITORIAL HEALTHCARE FACILITIES

Chair

**Lee Angela M.** AiA, Regional Managing Director, Asia Pacific HKS and WCDH2024 Scientific Committee

Keynote speaker

**David Rakel (USA)**

#### THE SCIENCE OF THE SALUTOGENESIS AND HEALTHCARE DELIVERY

##### Designing community health centers for comprehensive well-being: a systematic literature review

Erica Brusamolin, Maddalena Buffoli (Italy)

##### Rethinking the territorial medicine in Italy: the meta-projects of the new Community Health Centers, Community Hospitals and Local Operative Centers

Marco Gola, Maddalena Buffoli, Stefano Capolongo (Italy)

##### Advanced design strategies for Community Health Centers in Italy. Exploring spatial and functional aspects

Erica Isa Mosca, Maddalena Buffoli, Marco Gola, Stefano Capolongo (Italy)

##### Medical tourism facilities for patients and their families

Elham Shariati, Mehrdad Yousefzamani, Tina Ghaznavi (Rajasthan)

##### Healing Architecture: six case studies of room renovations of clients with intellectual disabilities and challenging behavior in long-term care facilities

Andrea Möhn (The Netherlands)

04.30 pm  
06.00 pm

### PANEL DISCUSSION n°1

Guests

**Stefano Capolongo (ITALY)**

**John Zeisel (USA)**

**David Rakel (USA)**

Representative

Centro Nazionale Edilizia e Tecnica Ospedaliera (CNETO)  
Agenzia Nazionale per i Servizi Sanitari regionali (AGENAS)  
Federazione Italiana Aziende Sanitarie e Ospedaliere (FIASO)  
International Federation of Healthcare Engineering (IFHE)  
European Network Architecture for Health (ENAH)  
Finland embassy in Milan  
Swiss-Italian Center in Milan  
Nidau Research Center in Bern, Switzerland

08.00 pm  
11.00 pm

### IADH Global Leadership Meeting & Speakers Networking Dinner



# SATURDAY 13<sup>th</sup>

09.00 am  
09.30 am

## DAY OPENING

@ Politecnico di Milano, Aula Magna, Building 1, first floor

## 4<sup>th</sup> PLENARY SESSION

09.30 am  
11.00 am

### URBAN PUBLIC SESSION

Chair

**Andrea Rebecchi** Ph.D. Politecnico di Milano, Italy and WCDH2024 Scientific Committee

#### The community well-being framework

Antonio Gomez-Palacio, Charlene Hicks (Canada)

#### Urban Health in interdisciplinary resilience assessment: the H2020-HARMONIA project

P.Morandini, M.Bicchieri, A. Voza, M.S. Lux, J.N. Tzortzi (Italy)

#### Singapore: shaping the salutogenic city for resilient future

Ruzica Bozovic Stamenovic (Singapore)

#### Salutogenic design for intergenerational therapeutic garden in a vertical city of Hong Kong

Calvin WH Luk (Hong Kong)

## 5<sup>th</sup> PLENARY SESSION

11.30 am  
01.00 pm

### URBAN MENTAL BUILDING

Chair

**Sandra Surkamp** Arch. Destravis Group, Australia and WCDH2024 Scientific Committee

Keynote speaker

**Kristen Whittle (Australia)**

#### DUTIES OF THE ARCHITECT TO CREATING SALUTOGENIC ENVIRONMENT

##### Urban Green Spaces (UGS) design and impact on frequency and use

Maddalena Buffoli, Danilo Lo Turco, Andrea Rebecchi (Italy)

##### Impact of urban park design on recovery from stress: an experimental approach using physiological biomarkers

Sonika Rawal, Celen Pasalar (USA)

##### Effects of neighborhood environment on people with cognitive impairments: a qualitative study of their experiences and perceptions in China

Fei Lian, Zhexin Shi, Hui Li (China)

##### Neuro-urbanism and Mental Health: designing the salutogenic city for healthy and quality aging

Ciro Ferrer (Brasil)

# SATURDAY 13<sup>th</sup>

## 6<sup>th</sup> PLENARY SESSION

02.30 pm  
04.00 pm

### HEALTHY BUILDINGS

Chair

**Ghamari Hessam** Ph.D California State University, USA and WCDH2024 Scientific Committee

Keynote speaker

**Enzo Grossi (Italy)**

**NEUROBIOLOGICAL SALUTOGENIC MECHANISMS OF ARCHITECTURAL BEAUTY**

**The critical role of urban environment in the health of its inhabitants, a “non-place” analogy. Case study “El Recuerdo” residential complex, Montería, Colombia**

Diego Rosso, Mauricio Rosso (Colombia)

**Nurturing well-being: unveiling the impact of physical design features on socio-emotional development in children’s secret spaces**

Sahand Abbasi (USA)

**A new office workplace design has positive effects on employee physical activity: credible evidence from a natural experiment**

Francesca Jimenez (USA)

**Smart care facilities space for employees**

Elnaz Abbasian, Farnaz Abbasian (Iran)

**Study on comfort temperature in Autumn season of free running office building in Kathmandu**

Prativa Lamsal, Sushil Bahadur Bajracharya, Hom Bahadur Rijal (Nepal)

04.30 pm  
06.00 pm

### PANEL DISCUSSION n°2

Guests

**Alan Dilani (Sweden)**

**Kristen Whittle (Australia)**

**Enzo Grossi (Italy)**

Representative

European Public Health Association (EUPHA)

Italian society of hygiene and preventive medicine (SIIt)

Health City Institute / Health City Think Tank (Italy)

Accademia Lombarda di Sanità Pubblica (Italy)

08.00 pm  
11.00 pm

### Academy Gala Dinner

More detail provided in further communications



# SUNDAY 14<sup>th</sup>

09.30 am  
11.00 am  
or  
11.30 am  
01.00 pm

## URBAN HEALTH WALKING TOUR

@ *City of Milan*

More detail provided in further communications

09.30 am  
11.00 am  
or  
11.30 am  
01.00 pm

## HOSPITAL DESIGN CASE STUDY VISIT

@ *Close to the City of Milan*

More detail provided in further communications

09.30 am  
11.00 am  
or  
11.30 am  
01.00 pm

## HEALTHY BUILDING CASE STUDY VISIT

@ *City of Milan*

More detail provided in further communications

REVITALIZING HEALTH BY SALUTOGENIC DESIGN - Healthy environment | Healthy people









# KEYNOTE SPEAKERS

Listed in appearance order



**John Zeisel PhD, Hon D.Sc.**  
Founder, I'm Still Here Foundation / Hopeful Aging

Author I'm Still Here and Inquiry by Design. Founder I'm Still Here Foundation – Mission: to change the public narrative of dementia from Despair to Hope; supports innovative engagement programs that change the way people living with cognitive challenge feel and act. Contributes to engaging designed environments that employ salutogenic approaches and natural mapping to encourage self-awareness, wayfinding, and sense of self – alleviating the need to spend energy navigating today's physically and spiritually draining environments. Developer and research leader of technologies and environments that support social connection and health among older persons, including those living with cognitive challenges – who represent almost half of those in the world over the age of 75 years old.



**Professor David Rakel, MD**  
Department of Family Medicine and Community Health, University of Wisconsin (US)

Dave Rakel is Professor & Chair of the Department of Family Medicine and Community Health at the University of Wisconsin. He founded the UW Integrative Medicine Program and received the Gold Foundation's Leonard Tow Humanism in Medicine Award, the school's highest honor for excellence and compassion in care. His team worked with more than 50 clinical systems within the Veterans Health Administration to implement the "Whole Health" model to make care more personalized, proactive, and patient driven. He is exploring how to shift health care from a reactive pathogenic model to one that focuses on the outcomes we want to achieve through salutogenic science. He has published 11 books, including the Textbook of Family Medicine, Current Therapy, and Integrative Medicine, as well as peer-reviewed research on the impact of measures such as mindfulness meditation and the power of the therapeutic encounter. He serves as editor-in-chief of Practice Update, a website devoted to commentaries on primary medical care research. His 2018 book The Compassionate Connection focuses on how trusting relationships can influence health outcomes.



**Kristen Whittle, Architect**  
Studio Kristen Whittle, Melbourne, AU

Kristen Whittle has a Masters of Architecture from SCI-Arc, Los Angeles and became a Director of Bates Smart, 2005. Kristen won multiple awards for The Royal Children's Hospital; including the AIA Victorian Architecture Medal, AIA National Award and the World Architecture Award for Health. His tall building work includes the slender residential tower Collins House, the recently completed luxury residential tower 35 Spring Street, the office tower 171 Collins Street, Capital Grand mixed-use development and the upcoming 85 Spring Street. Kristen is leading the design for the VRC Club Stand at Flemington Racecourse and the Australian Embassy in Washington DC.



**Enzo Grossi MD**  
Bracco Foundation, Milano, Italy

Medical doctor, scientist, and researcher in different fields (Pharmaceutical medicine, Artificial intelligence, Art culture and health). Over the past 15 years has worked intensively in the field of art, culture and health with numerous scientific publications, seminars, and university courses in Milano, Turin, Bologna and Lugano Universities. Since 2012, Scientific Director of the child neuropsychiatric institute "Villa Santa Maria" in Tavernerio (Como). Scientific Advisor of Italy Pavillon at Expo 2015. Author of more than 500 publications (full papers, conference proceedings, patents) indexed on Google Scholar including more than 250 full papers indexed on PubMed. H index = 61

# MODERATORS & PANEL SPEAKERS

Listed in appearance order



## Stefano Capolongo

Architect, Full Professor Politecnico di Milano. Head of the Department in Architecture, Built environment and Construction engineering (DABC) and Scientific Coordinator of the Design & Health Lab. President of the Urban Public Health Section for the European Public Health Association (EUPHA). Coordinator Cluster Design of Health Facilities, European Symposium Scientific Director.



## Alan Dilani

Founder of the International Academy for Design & Health and World Health Design journal, author of many books, articles and research papers on salutogenic design. Dr Dilani has been engaged worldwide in several universities in the field of design and health developing “Salutogenic design program”, both in medical and design institutions. Awarded by American Institute of Architects for his high quality research in the built environment.



## Innocent Okpanum

Architect, researcher, urban designer, healthcare design specialist, and the managing director and owner of the architectural firm, Ngonyama Okpanum & Associates, which has offices in eight cities in South Africa; Abuja, Nigeria; Accra, Ghana; and in Ho Chi Minh City, Vietnam. He studied in Genova, Italy, where he obtained a doctorate degree in architecture. He also holds a Ph.D. in architecture for health care facilities design from the University of Newcastle in the United Kingdom. He has gained extensive professional experiences planning over 35 years of practice; and has designed a wide range of buildings.



## Nazarian Massey

Architect PhD at Loughborough University. Her thesis dealt with “Nursing Staff Productivity: The Role of Layout and People Circulation”. It has had a significant impact on research into/professional approaches of hospital designs by optimising productivity-oriented circulation system of medical staff. Her first academic appointments were as University Teacher and Associate Researcher at Loughborough. She joined Nottingham Trent University in 2019 and been working as Senior Lecturer.



## Angela M Lee

As Regional Managing Director of HKS Asia Pacific, Angela Lee has 27 years of architecture and medical-planning experience for over 1.4 million square-meters of healthcare projects worldwide. She has been honored and recognized by international institutes and publications such as AIA, Modern Healthcare, Health Facilities Management and Medical Construction and Design. Angela believes that successful design is the result of a harmonious relationship and balance between patient and user experience, form and function, budget and schedule, sustainability, and sound business principles.



## Andrea Rebecchi

Architect, PhD in Architecture, Built environment and Construction engineering (ABC) at the Politecnico di Milano (2017). He achieved the II level Master in Planning, programming and design of hospital and social-health systems (2013), since May 2021 he's Senior Researcher at the ABC Department Design&Health Lab. Professor in Technologies for Construction and Environmental Hygiene.



## Sandra Surkamp

Architect, with almost 20 years of experience. She has specialised in healthcare facilities, earning recognition as one of Australia's leading health facility planners. Her pragmatic approach to the development and implementation of health infrastructure projects creates efficient facilities that support the model of care and contribute to a sustainable health system. Sandra is a Director of the Destravis Group, an organisation focused on health system, health service and health facility design.”



## Hessam Ghamari

Associate Professor of Interior Design for the Department of Family & Consumer Sciences at California State University, Northridge (CSUN). He received his Ph.D. in Environmental Interior Design in 2014 from Texas Tech University. He has published articles in peer-reviewed journals and presented at international conferences on environmental psychology, and healthcare design.



# REGISTRATIONS

Complete the registration on the website <https://www.dhamilan24.com/> to discover the discounted packages.

Registration options available for <u>SCIENTIFIC EVENTS</u>	Standard fee*
<b>3 days registration Senior</b> (academics, professionals, delegates)	450,00€
<b>1 day registration Senior</b> Friday 12 <sup>th</sup> April	200,00€
<b>1 day registration Senior</b> Saturday 13 <sup>th</sup> April	200,00€
<b>3 days Full registration Junior</b> (bachelor/master/PhD students, copy of the students' card / education certificate is required)	150,00€
*all prices are in Euros, VAT excluded; in case of cancellation after registration, no refund can be requested	

Registration options available for <u>SOCIAL EVENTS</u>	Standard fee*
<b>Urban Health walking tour</b> Sunday 14 <sup>th</sup> April at 9:30-11:00 or 11:30-13:00	50,00€
<b>Hospital Design case study visit</b> Sunday 14 <sup>th</sup> April at 9:30-11:00 or 11:30-13:00	50,00€
<b>Healthy Building case study visit</b> Sunday 14 <sup>th</sup> April at 9:30-11:00 or 11:30-13:00	50,00€
<b>Official welcome reception:</b> opening remarks & cocktail @POLIMI (open free event, but registration is required)	free
<b>Academy Award Gala Dinner</b> Saturday 13 <sup>th</sup> April evening 20:00-23:00	120,00€
*all prices are in Euros, VAT excluded; in case of cancellation after registration, no refund can be requested	

# HOTEL SUGGESTIONS

## 5\* HOTELS

### HOTEL PRINCIPE DI SAVOIA Piazza della Repubblica, 17 Milano

10' by car  
20' by public transports (metro M2 or tram 33)  
40' walking

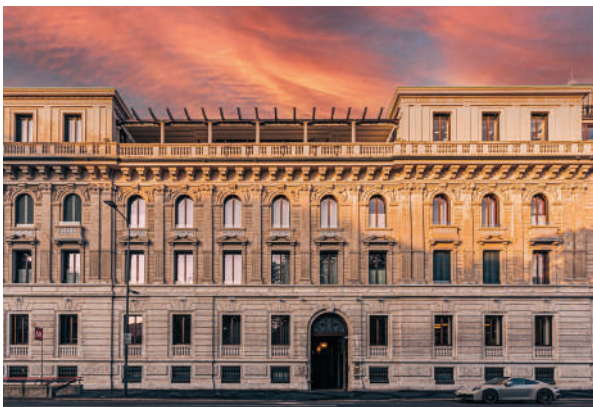


### THE WESTIN PALACE MILANO Piazza della Repubblica, 20 Milano

10' by car  
20' by public transports (metro M2 or tram 33)  
40' walking

### ME MILAN IL DUCA Piazza della Repubblica, 13 Milano

10' by car  
20' by public transports (metro M2 or tram 33)  
40' walking



### CASA CIPRIANI Via Palestro, 24 Milano

5' by car  
15' by public transports (M2+M1 or tram 18)  
35' walking



# HOTEL SUGGESTIONS

## 4\* HOTELS

### SHERATON DIANA MAJESTIC Viale Piave 42, Milano

7' by car  
12' by public transports (tram 19)  
28' walking



### STARHOTELS RITZ Via Lazzaro Spallanzani, 40 Milano

5' by car  
15' by public transports (tram 33)  
25' walking

### HOTEL INDIGO MILANO Corso Monforte, 27 Milano

10' by car  
20' by public transports (tram 19)  
38' walking



### UNAHOTELS GALLES Piazza Lima, 2 Milano

5' by car  
14' by public transports (M2)  
20' walking

# HOTEL SUGGESTIONS

## 4\* HOTELS

### NH CORSO BUENOS AIRES Via Domenico Scarlatti, 4 Milano

5' by car  
13' by public transports (M2)  
20' walking



### WORLDHOTEL CRISTOFORO COLOMBO Piazza della Repubblica, 20 Milano

5' by car  
13' by public transports (tram 33)  
28' walking

### MERCURE MILANO CENTRO Piazza Guglielmo Oberdan, 12 Milano

8' by car  
16' by public transports (tram 33)  
28' walking



### BEST WESTERN HOTEL CITY Via Palestro, 24 Milano

6' by car  
16' by public transports (M1+M2 or tram 33)  
23' walking



# HOTEL SUGGESTIONS

## 3\* HOTELS

### IBIS MILANO CENTRO Via Camillo Finocchiaro Aprile, 2 Milano

9' by car  
15' by public transports (tram 33)  
34' walking



### HOTEL FENICE Corso Buenos Aires, 2 Milano

8' by car  
17' by public transports (M1+M2 or tram 19)  
28' walking

### KLEOS HOTEL MILANO Via Giacinto Gallina, 12 Milano

5' by car  
13' by public transports (tram 19 or 33)  
15' walking



### HOTEL TECO Via Lazzaro Spallanzani, 27 Milano

7' by car  
16' by public transports (tram 33)  
25' walking

# HOTEL SUGGESTIONS

## 3\* HOTELS

### HOTEL DEMIDOFF MILANO Via Plinio, 2 Milano

6' by car  
16' by public transports (M2 or tram 33)  
22' walking



### HOTEL IDEALE Viale dei Mille, 60 Milano

5' by car  
12' by public transports (tram 19 or 33)  
18' walking

### HOTEL STRADIVARI Via Stradivari, 4 Milano

5' by car  
8' by public transports (M2)  
18' walking



### HOTEL SOPERGA Via Soperga, 24 Milano

9' by car  
16' by public transports (M2)  
28' walking





## Contacts



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Milano, Italy 11-14 April 2024

# Design & Health

13TH WORLD CONGRESS & EXHIBITION

