

Therapeutic Hospital Gardens: knowledge through research and practice

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**Part 1 - Concise summary of Therapeutic
Hospital Garden research findings**

**Part 2 – Creating impact by building
knowledge together**

How to make Therapeutic Hospital Gardens

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Creating impact by building knowledge together

- Research and practice complement each other
- Building knowledge together
- From human to planetary health

Publications

Dr Katharina Nieberler-Walker

PEER-REVIEWED JOURNAL ARTICLES

- ▶ Nieberler-Walker, K., Desha, C., Bosman, C., Roiko, A., & Caldera, S. (2023). Therapeutic hospital gardens: Literature review and working definition. *HERD: Health Environments Research & Design Journal*. <https://doi.org/10.1177/19375867231187154>
- ▶ Nieberler-Walker, K., Desha, C., Roiko, A., Caldera, H. T. S., & Bosman, C. (2025). Sustainable healing environments: guidelines for designing therapeutic gardens for integrated hospital care. *Smart and Sustainable Built Environment*. <https://doi.org/10.1108/SASBE-09-2024-0380>
- ▶ Nieberler-Walker, K., Desha, C., Roiko, A., Caldera, S., & Bosman, C. (2024). Sustainable Health and Well-Being: Guidelines for Integrating Therapeutic Gardens for Holistic Hospital Care. *Sustainability*, 16(23), 10288. <https://doi.org/https://doi.org/10.3390/su162310288>
- ▶ Reeve, A., Nieberler-Walker, K., & Desha, C. (2017). Healing gardens in children's hospitals: Reflections on benefits, preferences and design from visitors' books. *Urban Forestry and Urban Greening*, 26, 48-56. <https://doi.org/https://doi.org/10.1016/j.ufug.2017.05.013>

BOOK CHAPTERS

- ▶ Nieberler-Walker, K., Desha, C., El Baghdadi, O., & Reeve, A. (2019). The efficacy of healing gardens: Integrating landscape architecture for health. In D. Battisto & J. J. Wilhelm (Eds.), *Architecture and Health* (1 ed., pp. 181-195). Routledge. <https://doi.org/10.4324/9780429021169-13>